



Eureka Public School

Kind, Responsible, Learners

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First North Swimming Carnival

Alstonville Aquatic Centre - Tuesday 8 February 2022

Dear Parents and Carers,

Due to COVID safety measures in place for the beginning of our school year the First North Community of Small Schools Swimming Carnival will have some guidelines to follow. Please read the following information carefully.

- **Purpose of Activity:** First North Swimming Carnival for Zone PSSA selection.
- **Destination:** Alstonville Aquatic Centre, 13/15 Alston Ave, Alstonville
- **Date:** Tuesday 8 February 2022
- **Students:** Students who are turning 8 years or older in 2022.
- **Staff Involved:** Bill Dempster and Ronja Brown
- **Transport:** Private.
- **Cost:** \$5.50 pool entry to be paid at entry (Fitness Passport or Pool Season passes can be used)
- **Any spectators wishing to attend will also be required to pay \$5.50 for entry.**
- **Time:** Arrive at 9:30 am for first event marshalling at 9:45am. Finish at approximately 1:30pm
- **Dress Requirements:** Swimmers, towel, change of dry clothes including underwear, sunscreen, hat, water bottle. ***Please come dressed ready to compete.***
- **Food/Drink:** The pool kiosk will be operating; however, we encourage students to bring their own food and drink to minimise mingling around the kiosk.
- **Current Safety Guidelines:** Current guidelines will require spectators to sit separately from competitors. Please follow signage on the day and do not enter the school seating area. We encourage students to leave the venue after the events they are entering. We also encourage spectators to be kept to a minimum, i.e. 1 spectator per competitor.

Successful competitors who meet qualifying times will be expected to represent the First North Community of Small Schools at the Northern Rivers PSSA Swimming Carnival on Tuesday 1 March 2022 at Lismore Memorial Baths.

If the weather is inclement an announcement will be sent to all families via text.

Kind Regards,

Bill Dempster

FIRST NORTH SWIMMING CARNIVAL

Tuesday February 8 2022

Alstonville Aquatic Centre

We ask that all students arrive at the pool at 9.30am as the first race will be marshalled at 9.45am with racing to commence at 10.00am sharp. Pool entry \$5.50 and is payable at the pool (Fitness passport & Pool season passes may be used).

PROGRAM OF EVENTS

Open Girls/ Boys 100m freestyle
Girls/Boys 8yrs 50m Freestyle
Girls/Boys 9 yrs 50m Freestyle
Girls/Boys 10 yrs 50m Freestyle
Girls/Boys 11 yrs 50m Freestyle
Girls/Boys 12 yrs 50m Freestyle
Girls/Boys 13yrs 50m Freestyle
Junior (8,9,10yrs) Girls/Boys 50m Breaststroke
11 yrs Girls/Boys 50m Breaststroke
Senior Girls/Boys 50m Breaststroke
Junior (8,9,10yrs) Girls/Boys 50m Backstroke
11 yrs Girls/Boys 50m Backstroke
Senior Girls/Boys 50m Backstroke
Junior (8,9,10yrs) Girls/Boys 50m Butterfly
11 yrs Girls/Boys 50m Butterfly
Senior Girls/Boys 50m Butterfly
PP5 and PP6 Relays
Junior Girls/Boys Relays
Senior Girls/Boys Relays
Junior Girls/Boys 200m Individual medley
Senior Girls/Boys 200m Individual medley
Conclude by 1.00pm

Please Note:

Ribbons will be awarded to the first three place getters in each event. Medals will be awarded to age champions (Junior Girl and Boy, 11yrs Girl and Boy and Senior Girl and boy).

There are qualifying times for the zone carnival and placing in an event does not necessarily result in zone representation.

Ribbons and medals will be given to schools to disperse back at their site this year. Hopefully this will reduce mingling and parents/students staying until the end for the presentation.

Individual Medley- To compete in the 200m individual medley, swimmers must enter prior to the carnival by submitting a time achieved at a previous carnival, squad training session or swimming club night. **POINTS FROM THE INDIVIDUAL MEDLEY WILL NOT BE INCLUDED IN THE POINTSCORE FOR SCHOOLS OR CHAMPIONS.** We encourage participation but this is a difficult event and we ask for schools support in encouraging only competent swimmers to participate. The fastest 4 students in each age group will represent the First North District in relay events at the zone carnival (dependent on total school numbers).

Please complete & return the attached permission note by Friday 4 February 2022

First North Swimming Carnival Alstonville Aquatic Centre - Tuesday 8 February 2022

I give permission for my child / children..... to participate in the First North Swimming Carnival at Alstonville Aquatic Centre on Tuesday, 8 February 2022.

Please indicate the appropriate level of swimming ability. My child can swim comfortably in deep water:
(Please tick)

more than 200m 100m 50 m 20m

Non-swimmer who needs flotation devices

My child wishes to nominate for the 200m Individual Medley. Most recent time:

I understand that I am responsible for transporting my child to and from Alstonville Aquatic Centre.

I will be attending the carnival as a spectator. Please list names:

I wish to take my child/ren after their events.

I understand my child will need to bring a packed lunch or money to purchase lunch, plenty of water to drink, a broad brimmed hat, sun block, swimmers and a towel.

I understand parents and family members are allowed to enter as spectators but will be required to not enter the school seating zones.

COVID Safety

I acknowledge that this event/activity is required to be held in accordance with any current NSW Health COVID-19 Public Health Orders and the NSW Department of Education's policies and procedures. I acknowledge and accept that there is a risk that my child may be exposed to COVID-19 whilst attending and participating at this event. I confirm that my child will not attend if displaying any symptoms of illness, and/or if directed to isolate under public health orders.

Parent/Carer Name:.....

Parent/Carer Signature.....

Date